



Linn County

2023 Annual Report

Senior & Disability Services

MEALS ON WHEELS

Meals on Wheels (MOW) serves fresh, hot, nutritionally balanced meals to older adults, adults with disabilities, and spouses/life partners who often live alone and have limited resources or ability to care for themselves. Along with a nutritionally balanced meal, MOW provides a daily safety check and social connection, assisting limited-income, low mobility clients to remain safe and independent in their own home for as long as possible.



158,077
TOTAL MEALS
SERVED



146,559
HOME DELIVERED
MEALS



11,518
IN-PERSON
DINING MEALS



\$108,180
COMMUNITY
DONATIONS



3,861
SHELF-STABLE
FOOD BOXES



1,380
CONSUMERS
SERVED

MEAL SITE LOCATIONS

Albany Senior Center | Lebanon Senior Center | Mill City First Presbyterian Church
Brownsville Christian Church | Sweet Home Community Center

COMPASSION • COLLABORATION
DIVERSITY, EQUITY & INCLUSION • INTEGRITY • RESPECT

OCWCOG LICENSES ADULT FOSTER HOMES THAT HOUSE OLDER ADULTS AND PEOPLE WITH DISABILITIES IN THE COUNTY.



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ADULT FOSTER HOMES
Provided up to 145 residents
safe housing in 2023.

AGING AND DISABILITY RESOURCE CONNECTION

The Aging and Disability Resource Connection (ADRC) is a free service that offers the public a single source of information and assistance on issues affecting older adults and people with disabilities regardless of their income.

CASE MANAGEMENT

1,662
CASES
MANAGED

1,259
NEW
REQUESTS

OCWCOG staff provide case management for Long Term Services and Supports (LTSS) throughout the region.

2,191
62%
WERE OVER
THE AGE OF 65

**LINN COUNTY
CONSUMERS SERVED**

66%
REPORTED DIFFICULTY
DOING TASKS

93 OREGON PROJECT
INDEPENDENCE
CONSUMERS

Oregon Project Independence provides assistance that supports daily activities of living which can be provided by home care workers or in-home care agencies.

52 MONEY
MANAGEMENT
CONSUMERS

The Money Management program provides free assistance with personal money management tasks through specially trained volunteers.

HOUSING SERVICES

Senior and Disability Services hired the first ever Housing Navigator and Housing Coordinators for the region in fall of 2023. These two positions have already formed close relationships with Linn and Benton County Shelters providers, are working to create a shelter specific referral process to streamline services for vulnerable individuals who reside in shelter settings and have set up a weekly outreach schedule at 3 different drop-in centers.

Senior and Disability Services has joined the Linn County Coordination (MAC) Group, which is a group of local community partners and representatives from the Governor's office. This group collaborates on efforts to obtain funding and works through projects related to the Governor's Executive Order on Homelessness (eo-2302).

Community Service Programs

SENIOR HEALTH INSURANCE BENEFITS ASSISTANCE

598 Linn County residents received one on one counseling on their Medicare benefits through the Senior Health Insurance Benefits Assistance (SHIBA) program. This counseling was provided by **6** certified volunteer counselors from Linn County.

11 MEDICARE 101 PRESENTATIONS

Benefited Linn County residents in 2023

Medicare 101 seminars are designed for anyone who is new to Medicare. They are also helpful for current beneficiaries who would like a better understanding of their Medicare benefits and options.

STAND BY ME FINANCIAL EMPOWERMENT PROGRAM

\$12,150
TO SUPPORT
WORKSHOPS
& TRAININGS

A collaborative project with Casa Latinos Unidos was chosen for funding from Samaritan Albany General Hospital and Samaritan Lebanon Community Hospital Social Accountability Budgets

FOSTER GRANDPARENT PROGRAM



16 FOSTER GRANDPARENT VOLUNTEERS

Foster Grandparent volunteers served in schools, libraries, after school programs, and at nonprofit organizations. These volunteers provided **12,519** volunteer hours in Linn County.



SENIOR COMPANION PROGRAM

10 VOLUNTEERS

provided **3,965** volunteer hours of assistance to elderly adults in Linn County by giving them transportation for errands, grocery shopping, and more.

Sixteen TRANSPORTATION CARE PLANS PROVIDED

Four TRANSPORTATION CARE PLANS PROVIDED

BEHAVIORAL ACTIVATION

OCWCOG added Get Activated, a behavioral activation group for homebound seniors in partnership with the Older Adult Behavioral Health Initiative (OAHBI). The six-week courses are delivered via videoconferencing in a virtual group setting to ensure professional, real-time sessions with group camaraderie, as well as individualized follow-up coaching to benefit Linn County residents.

Community & Economic Development

CASCADES WEST RIDE LINE

Cascades West Ride Line is the region's Non-Emergent Medical Transportation (NEMT) that provides rides to non-emergency medical appointments for eligible Oregon Health Plan (OHP) and Medicaid clients.

80,394 TRIPS PROVIDED
1,424,907 TOTAL MILES TRAVELED



\$1 MILLION BROWNFIELDS GRANT FUNDS RECEIVED

OCWCOG was the recipient of **\$1 million** in brownfields funds to clean up contaminated areas and make them useable again. 3 sites selected are located in Linn County.



BROADBAND FEASIBILITY GRANT PROGRESS

Contractor Solarity has applied for \$5 million worth of grants on behalf of OCWCOG and the region. The area served would be in East Linn County, and Strategic County Plans have been developed.



RURAL CAPACITY & FORD FAMILY FOUNDATION FUNDS

OCWCOG wrapped up Rural Capacity and Ford Family Foundation grant work. This included staying in touch with rural communities, prospecting for grants, and looking at regional solutions.

CASCADES WEST BUSINESS LENDING

Cascades West Business Lending supports small businesses in Linn County with loans totaling **\$1,214,025**.

- ALL STAR AUTO**
- JAKES HANDYMAN SERVICES**
- THE NATTY DRESSER**
- GRAND PRIX CYCLE**
- VERACITY SPIRITS**
- SUDZ IN THE BUCKET**
- ALLEN & ASSOCIATES INSURANCE**
- CRABTREE AUTO**



ALBANY AREA METROPOLITAN PLANNING ORGANIZATION

The Albany Area Metropolitan Planning Organization (AAMPO) adopted **2** major plans in 2023, including a first of its kind regional Bicycle and Pedestrian Plan, as well as the federally required 2043 Regional Transportation Plan. Both plans help identify potential improvements to the transportation system that will meet the growing demand over the next 20 years.